

RSHE Growing and Changing Lesson Overview

Linthwaite Clough School

Reception

GROWING AND CHANGING

During summer term we will be introducing the RSE topic Growing and Changing.

In Reception we will be learning about reproduction of plants and animals including humans, growing and changing.

The aim of the topic is that the reception children will be able to –

- Understand that there are changes in nature.
- Name the different stages in childhood and growing up.
- Understand that every family is different.
- Have a basic understanding of where babies come from
- Talk about similarities and differences.

During the Growing and Changing topic we will be participating in the following activities –

- A focus on lifecycles
 - o From caterpillar to butterfly – we will house our very own hatchery and watch and care for the caterpillars as they turn from caterpillar to butterfly.
 - o From seed to plant – we will be planting a range of seeds and caring for them as they germinate and turn from seed to plant.
 - o Sequencing and matching – sequencing lifecycles (eg – tadpole to frog) and matching babies to adults (for example – kitten to cat / puppy to dog etc)
- Where do babies come from?
 - o Using the story book 'There is a house inside my Mummy' we will explore where babies come from in small group chat mat sessions.
 - o Explore that every family is different – encourage the children to talk about their families and we will celebrate similarities and differences.
 - o Encourage conversation and discussion increasing the childrens vocabulary and confidence when exploring the growing and changing topic.
- Getting bigger
 - o Using the story book 'You'll Soon Grow Into Them Titch' we will discuss growing and changing from baby to now (5yrs), and from child to adult.
 - o We will introduce stages of growth, what helps us grow, what we can do now that we couldn't do then and celebrate that we are all unique.